

EST.  1969

THE DUKE OF YORK

GREAT FOOD • FINE ALES • WARM WELCOME

SANDWICHES

All sandwiches served in sliced sourdough & served with vegetable crisps & salad garnish · 12–4:30pm

PRAWNS IN OUR OWN MARIE ROSE SAUCE	£9.50
LOCAL FULFORD FARM PORK SAUSAGES & FRIED ONIONS	£9.50
Add cheese £1.00	
JUMBO FISH FINGERS	£10.50
Mixed leaf & homemade tartare sauce · Add cheese £1.00	
OUR OWN BAKED & GLAZED GAMMON HAM & SPICED TOMATO CHUTNEY	£8.00
CHEDDAR CHEESE & SPICED TOMATO CHUTNEY	£7.50

Gluten Free bread available for all sandwich options

PANINI / CIABATTA

All served with vegetable crisps & salad garnish · 12–4:30pm

BARRY'S ULTIMATE BLT	£10.50
Six rashers of bacon, mixed leaf, sliced tomatoes with mayonnaise — add cheese £1.00	
TUNA MELT	£9.50
Tuna mayonnaise, mature cheddar cheese & red onion	
BEETROOT, GOATS CHEESE, STICKY ONION & ROCKET	£8.50
TOMATO, MOZZARELLA & VEGAN PESTO	£8.00
Vegan feta alternative	
GRILLED CHICKEN, BACON, LETTUCE & GARLIC MAYO	£10.50

LUNCH LIGHT BITES

Served 12–4:30pm

SOUP OF THE DAY	£7.50
Served with crusty bread & butter (GF bread available)	
GOATS CHEESE, BEETROOT & STICKY ONION	£10.50
Served on a warmed flatbread with salad garnish and a handful of fries (V)	
BAKED & GLAZED GAMMON HAM	£9.95
Our own baked & glazed gammon ham, fried egg, chips & spiced tomato chutney (GF)	
5oz FULFORD FARM BEEF BURGER	£10.50
5oz local Fulford Farm beef burger topped with American cheese, fries & salad garnish (GF bun available)	
SPINACH AND LENTIL BURGER	£10.50
Topped with american cheese or vegan cheese served with salad garnish & fries (GF bun available) (V, VE)	
MINI BUTTERMILK FRIED CHICKEN BURGER	£9.95
In a potato bun with American cheese, fries & salad garnish (GF bun available)	
SMALL BEER BATTERED COD	£10.95
Chips, peas & tartare sauce (GF)	

WELCOME TO THE DUKE OF YORK

SERVING COWES SINCE 1969

For more than 55 years, the Cass family has welcomed locals, sailors and visitors alike to The Duke of York — offering quality food, traditional hospitality and a warm Isle of Wight welcome. Thank you for supporting an independent, family-run pub.

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VEGAN & VEGETARIAN

BUTTERNUT SQUASH, SWEET POTATO, SPINACH & CHICKPEA SATAY CURRY	£17.50
Served with rice, poppadom and a pineapple & chilli chutney (V, VE, GF, contains peanut)	
SPINACH & LENTIL BURGER	£16.50
Served in a potato bun with your choice of cheese or vegan cheese served with side salad, fries & slaw (V, VE, gluten free bun available)	
BUTTERNUT, LENTIL, MUSHROOM & NUT BAKE	£17.50
Served with new potatoes, seasonal vegetables & gravy (V, VE, GF, contains nuts)	
VEGAN SAUSAGES	£16.50
With mashed potato, peas, gravy & beer battered onion rings (V & VE)	
HOMEMADE PEPPERONATA, SPINACH & FETA PASTA	£17.50
Served with side salad (vegan feta available & GF pasta) (V, VE, GF)	
NO CHICK BITES	£17.00
In our own honey, soy & ginger sticky sauce served with rice, side salad & sesame (V, contains sesame)	
SPANAKOPITA	£18.00
Spinach, feta & sesame filo pie served with garlic butter new potatoes & side salad (V)	
MIXED VEGETABLE PIE	£17.95
Mixed vegetable pie mix with a shortcrust pie top served with mashed potato & peas (V & VE)	



(V) VEGETARIAN • (VE) VEGAN

PLEASE MAKE YOUR SERVER AWARE UPON ORDERING OF ANY ALLERGIES OR INTOLERANCES